



FITNESS COACH / PERSONAL TRAINER

PART TIME POSITIONS AVAILABLE (2)

Live North (LN), a national provider of professional consulting and management services in Fitness and Wellness industry, has openings for Fitness Coaches / Personal Trainers at **The Prosserman JCC** located in North York, which will ultimately serve approximately 6000 members.

The J's Vision & Purpose:

At our core, we believe in inspiring people to live the Jewish lives they want to live. Our dynamic team is guided by our mission: to build and sustain a caring and vibrant community hub that is welcoming to all and based on a solid foundation of Jewish values and with a strong connection to Israel.

What We Do:

From daycare to seniors' programs, fitness to recreation, Jewish learning to holiday celebrations, and everything in between, the J provides life-changing programs infused with Jewish values that inspire and enrich our members and provide a best-in-class experience.

Description of Position:

The Fitness Coach / Personal Trainer is responsible for the safe operation and quality supervision of the fitness floor at the SRC. They are also responsible for providing inspiring customer service experiences via the delivery of high-quality fitness coaching, fitness consultations, group orientations, personal training services and the new member integration and member engagement systems and initiatives.

Position Responsibilities:

1. **Customer Service** - ensure that all members and guests are serviced exceptionally in a positive and professional manner.
2. **Fitness Desk and Floor Operations** - supervise the fitness floor by getting to know and maintaining a good rapport with members, overseeing the proper and safe use of equipment, providing a quality environment and ensuring that all COVID-19 protocols and regulations are being adhered to. Promote personal training services and center-wide programs.
3. **Personal Training** – deliver detailed and customized personal training programs to clients. Set and achieve monthly personal training targets (new sales, session delivery and renewals) and meet monthly with the personal training manager to review progress and goal achievement.

Qualifications:

- Certified Personal Trainer (CSEP, Can-Fit-Pro, CPTN or other accredited certification)
- University degree or college diploma in physical education/kinesiology/fitness and health
- Certified in CRP/First Aid
- Minimum of 1-2 years' experience in personal training
- Other certifications/specializations (e.g. Pre/post natal, TRX, older adult fitness, etc.) an asset

Required Transferable Skills and Attributes:

- Excellent Customer Service Skills
- Solid communication skills and professionalism
- Team player and a hard worker
- Excellent computer and organizational skills
- Energetic and passionate about fitness and health



- Time management skills

Change Lives, Work, & Grow with Us:

Work with some of the most passionate, driven, and effective community builders in the world and be part of an environment which will challenge you and empower you to keep learning and growing.

How to Apply:

We welcome all applicants. Accommodations during all phases of the hire process will be made wherever possible. If you are interested in and well qualified for this exciting opportunity please submit your resume in confidence via e-mail no later than **October 24th, 2021**, to Asaf Marom, Manager, Fitness & Health Email: Asaf@Prossermanjcc.com

We appreciate your application; however, we will only be contacting the candidates we wish to interview.